

WLS Lifestyles

EDITORIAL ADVISORY BOARD

WLS Lifestyles is honored to have some of the best and the brightest minds from the medical, healthcare and weight loss community on our Editorial Advisory Board. The following is only a partial list of the WLS Lifestyles Editorial Advisory Board members. To view the complete list, please go to www.wslifestyles.com.

ELLEN A. BELL, RMA

Ms. Bell is the Bariatric Insurance Coordinator at The Davis Clinic in Houston, TX. She is a member of the American Society for Metabolic and Bariatric Surgery and was a keynote speaker at the annual convention in 2006. Ellen has consulted with surgeons across the country to educate and streamline their practices to increase the surgery approval rate. Her overall commitment and empathetic nature is due, in part, to her own personal experience.

VICKI BOVEE, MS, RD, LD

Vicki Bovee, MS, RD, LD, is a registered dietitian/nutritionist with 25 years experience in weight loss and weight management. Vicki and her business partner, Chef Dave Fouts, work together on a variety of projects related to weight loss and bariatric surgery. They have authored a cookbook **Ditch Your Diet in 30 Days**, cookbooklets, numerous articles, and newsletters. Over the years Vicki has worked with thousands of patients in clinical, research, and business settings to help them manage their weight through lifestyle changes. She is a member of the American Dietetic Association and the American Society of Metabolic and Bariatric Surgery.

SALLY CAIN, RD

Sally is a registered dietitian and member of the American Dietetic Association whose experience includes renal and general clinical dietetics. She has earned certificates of training in childhood, adolescent, and adult weight management from the ADA. Sally understands the struggle of obesity both personally and professionally, having lost 112 pounds with a healthy lifestyle/non-diet approach to weight loss. Passionate about the psychological/emotional aspect of weight control, she plans to return to the field of dietetics in weight management.

LIAM J. BURNS

Liam Burns is the President of the EP Burns Group, a strategic and leadership consulting firm enabling organizations to achieve extraordinary results. An executive coach with nearly 20 years experience in the healthcare industry, Mr. Burns has helped leaders around the world to realize and exceed their potential.

JAMIE J. CARR, RN

Ms. Carr is the President of Carr & Associates, LLC. Headquartered in Nashville, TN. Carr & Associates, LLC consults with bariatric practices, programs, and outpatient surgery centers to streamline processes, implement appropriate pathways and protocols, review preparedness for COE site visits and certifications, and provide overall practice management review to maximize efficiencies and revenues. Jamie was the Senior VP of Clinical Operations for Bariatric Partners, Inc. and the past National Chair of the ASMBS Foundation's Walk from Obesity. She was the clinical director for Dr. John D. Husted in his private practice in Nashville for over 8 years. Current clients include Drs. Garth and Robert Davis of TLC'S BIG MEDICINE, Symbion Healthcare, BariMD, and other independent physicians around the country.

COLLEEN M. COOK

Ms. Cook is a successful weight loss surgery patient since 1995. She is the President of Bariatric Support Centers International, a company that specializes in providing education and support services for weight loss surgery patients. She is also the founder and former chair of the National Support Group Network for ASMBS and is currently serving on the National Advisory Board for the Walk From Obesity. Colleen is a sought-after speaker and former host of the radio show, "Obesity's Surgical Solution." She is the author of the internationally acclaimed **Success Habits of Weight Loss Surgery Patients**.

MATHIAS A. L. FOBI, MD, FACS, FACN, FICS

Dr. Fobi is a true innovator in the field of bariatric surgery. He is the inventor of the Fobi Pouch, and has helped countless number of people battle obesity. Dr. Fobi is the Medical Director and Surgeon at the Center for Surgical Treatment of Obesity located in Hawaiian Gardens, CA. Dr. Fobi is board certified by the American Board of Surgery, a member of the North American Association for the Study of Obesity, and a member of the American Society for Metabolic and Bariatric Surgery. Special Interest: Bariatric (Obesity) Surgery since 1977, General Surgery, Plastic and Reconstructive Surgery.

CHEF DAVE FOUTS

Chef Dave Fouts received his culinary Degree in 1994 from the Florida Culinary Institute in sunny West Palm Beach, Fla. Throughout the last several years, Chef Dave has written, contributed and advised on several editorial boards for publications across the country. After undergoing gastric bypass surgery in 2003, he wrote his first book, **Culinary Classics: Essentials of Cooking for the Gastric Bypass Patient**. The book was born out of his passion to help patients he works with on a daily basis, and to help them overcome their challenges with food choices following weight-loss surgery. It was this endeavor which led Chef Dave to contribute to the first edition of **Weight Loss Surgery for Dummies**. Chef Dave's newest cookbook, **90 Ways to Ditch Your Diet** was released in the summer of 2008.

STACEY HALPRIN

Stacey Halprin is an author, actress and motivational speaker. After reclaiming her life by overcoming her food addiction, losing more than 350 pounds, and keeping it off for more than seven years, Stacey is on a mission to educate and motivate people to kick their unhealthy habits, and dramatically improve the quality of their lives. Stacey's book, *Winning after Losing, Keep Off the Weight You've Lost Forever*, was released in Spring 2007. She is a popular guest on the "Oprah Winfrey Show" and had a leading role in *Dress Code*, a film directed by Shirley MacLaine.

WARREN L. HUBERMAN, PH.D.

Dr. Huberman is a clinical psychologist licensed in New York and New Jersey, and a clinical instructor in the Department of Psychiatry at NYU Medical Center, also affiliated with Lenox Hill Hospital. He maintains a private practice in Manhattan. Dr. Huberman has been working with patients both pre- and post-surgery through the NYU Program for Surgical Weight Loss since its inception in 2000. Dr. Huberman has worked extensively in the field of health behavior change, including weight management, and smoking cessation, among other areas of specialty. He has been published in a variety of printed media and has appeared on national television and radio programs.

JACQUELINE JACQUES, ND

Dr. Jacqueline Jacques is a Naturopathic Doctor with more than a decade of expertise in natural medicine and medical nutrition. She is the Chief Science Officer of Bariatric Advantage, a company dedicated to providing the best of nutritional care to weight loss surgery patients. In addition, Dr. Jacques sits on the Board of Directors for the national non-profit the Obesity Action Coalition and the Advisory Board for the Samueli Center of Integrative Medicine at University of California, Irvine. Dr. Jacques says her greatest love is empowering individuals to better their own health.

J. TIMOTHY KATZEN, MD, FACS

Dr. Katzen is a board certified Beverly Hills plastic surgeon who specializes in weight loss patients. He has dedicated over 90% of his practice to post bariatric patients. He has offices in Beverly Hills and Hawaiian Gardens, CA. He has presented his work at many scientific meetings including the American Society for Bariatric Surgery. Dr. Katzen has published over 20 scientific publications and four textbooks chapters. He's also been featured as the plastic surgery expert on ABC, NBC, CBS and FOX news.

DR. RUSS L'HOMMEDIU, DPT

Dr. Russ is a Doctor of Physical Therapy, a certified wellness coach and has lost over 230 pounds. He has developed a small-step system of life enrichment called Betterness® and currently has a "Betterness Weight Loss Solution" book in the works. He can be found as an expert commentator on WCBS radio's web site in the areas of food, nutrition, exercise and human motivation. He is also a chef-educator at, among other places, Whole Foods in Manhattan and has recently become executive director of The Coaches Care project. In addition to being a former stand-up comic, he is also an expert kayaker, rock climber and certified sailing instructor. Dr. Russ is a regular contributor to **WLS Lifestyles** magazine, as well as maintains a blog on the web site.

SETH MARGOLIES

Mr. Margolies is a bariatric patient. Since his surgery in September of 2003 he has become an advocate for fitness in the bariatric world. Seth is an actor, writer and motivational speaker. He has completed a cross-country bike tour across America to promote healthy living. He is also the producer of Weigh2Win a bariatric fitness support video, and a regular contributor to **WLS Lifestyles** magazine.

MELISSA MCCREERY, PH.D., ACC

Melissa McCreery, Ph.D., ACC is a Clinical Psychologist licensed in Washington where she maintains a private practice. She is the founder of Enduring Change Coaching, a company dedicated to helping individuals worldwide achieve their goals with health, weight and emotional eating. Dr. McCreery has specialized in working with weight loss, obesity, eating disorders, and eating concerns of all types since 1995 and has specific experience helping bariatric surgery patients optimize their success with weight loss. She is the author of The Emotional Eating Toolbox™ 28-Day Self-guided Program and the publisher of the online newsletter, **Mindspace: Tips for living the life your highest quality life**. Dr. McCreery is a member of the American Psychological Association and the International Coach Federation.

LORI SPERLING NEVINS, MSW, LCSW

Ms. Nevins is a clinical social worker who has been working in bariatrics for the last 9 years in the areas of Westchester County, NY, as well as Fairfield County, CT. As a Bariatric Program Coordinator and primary group leader, she synthesizes the work of team members who prepare patients for surgery and maintain patient follow-up in a supportive medical, nutritional and psychosocial after-care program meant to maximize surgical outcomes. Ms. Nevins educates her bariatric patients on the effects of family history, individual life experiences and addictive behaviors that have contributed to the growing epidemic of morbid obesity. Ms. Nevins is a regular contributor to **WLS Lifestyles** magazine.

IOANNIS RAFTOPOULOS, MD, PH.D., FACS

Dr. Raftopoulos is the Medical Director of the Bariatric Center at Saint Francis Hospital & Medical Center. He has completed a General Surgery residency at the Metropolitan Group Hospitals/University of Illinois in Chicago and a fellowship in Advanced Laparoscopic & Bariatric surgery at Western Penn-Allegheny Health System in Pittsburgh. Previously, Dr. Raftopoulos was an Assistant Professor of Surgery at the University of Pittsburgh, and has published extensively on laparoscopic and gastric bypass surgery with over 70 publications in peer-reviewed medical journals and over 60 presentations in national and international meetings. A Fellow of the American College of Surgeons, Dr. Raftopoulos is a diplomate of the American Board of Surgery. He is also a member of the American Society for Metabolic & Bariatric Surgery, the Society of American Gastrointestinal Endoscopic Surgeons and the Society of Laparoendoscopic Surgeons.

MITCHELL S. ROSLIN, MD, FACS

Dr. Roslin is Chief of the Obesity Surgery Program and Attending in the Department of Surgery at Lenox Hill Hospital, New York, NY. Dr. Roslin is also a Clinical Associate Professor of Surgery at the State University of New York, Health Science Center in Brooklyn. He has been listed in *New York magazine's* Best Doctors since 2000, as well as on the *Castle and Connolly Guide* and Harvard's list of top specialists. He has authored 19 major articles for publication in medical journals, and was the lead investigator in the pre-clinical work using vagus nerve stimulation for the treatment of obesity. Dr. Roslin has been a committee Chairman for the American Society of Metabolic and Bariatric Surgeons.

KIMBERLY P. TAYLOR

Kimberly P. Taylor is owner of Taylor & Associates, LLC, a Texas limited liability company whose core business focuses on maximizing their clients' exposure in the bariatric marketplace via marketing, advertising, and public relations strategies. Kimberly served as a National Advisory Board Member for the ASMBS Foundation and is the past National Vice-Chair for the ASMBS Foundation's Walk from Obesity. She currently coordinates the shooting schedule with the cast and crew of TLC's **BIG MEDICINE**, and is working with Drs. Garth and Robert Davis to create and implement The Davis Clinic, the premier comprehensive weight management program in the state of Texas.

JAMES ZERVIOS

Mr. Zervios is the Director of Communications for the Obesity Action Coalition (OAC), and has worked in the nonprofit healthcare field for more than four years. The OAC is a nonprofit patient-based organization dedicated to educating and advocating, on behalf, of all those affected by the forms of obesity. He is responsible for developing and distributing OAC communications to Coalition members and the public. His responsibilities also include Web site development and fundraising.